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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 1, 2003

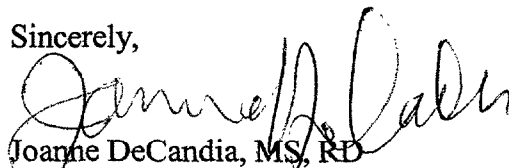
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Vitamin C supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Supports/promotes antioxidant protection.
- Supports/promotes immune system function.
- As a water-soluble nutrient, Vitamin C helps fight the cell damaging free radicals that can lead to oxidative stress and the premature aging of cells.
- As an antioxidant, Vitamin C helps neutralize harmful free radicals in cells.
- Vitamin C plays an important role in supporting immune function.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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